IGA
Simple Goodness

Weekly SPECIALS

SUPER Saver

PROUDLY CANADIAN

Save 44% OFF REGULAR PRICE

FRESH CANADIAN BONELESS CENTRE CUT PORK LOIN ROAST or CHOPS

family pack 9.90/kg

4.49 lb

SUPER Saver

PROUDLY LOCAL

Save 36% OFF REGULAR PRICE

FRESH LOCAL BC CHICKEN LEGS

back attached • family pack 6.59/kg

2.99 lb

PROUDLY CANADIAN

CUT FROM WESTERN CANADIAN

FRESH AAA CERTIFIED ANGUS BEEF® MARINATED MAUI RIBS

bone-in
30.84/kg • aged minimum 21 days

13.99 lb

PROUDLY LOCAL

SUPER Saver

LOCALLY GROWN

AVERY FAMILY FARMS

FRESH BC RED or SWEET LEAF LETTUCE

3.49 ea

PROUDLY LOCAL

SUPER Saver

LOCALLY GROWN

FRESH BC SYMPHONY MEDLEY TOMATOES

1 pint

3.99 ea

SUPER Saver

BUSH'S BEST

BAKED BEANS

or chili beans 398 mL

2/$2

SUPER Saver

KRAFT

DRESSING

425 mL

2/$5

PROUDLY CANADIAN

SUPER Saver

CHAPMAN'S

NO SUGAR ADDED FROZEN NOVELTIES

li'l lolly or canadian collection bars
4's – 28's • selected

3.99 ea

IGA

Your neighbourhood grocer,

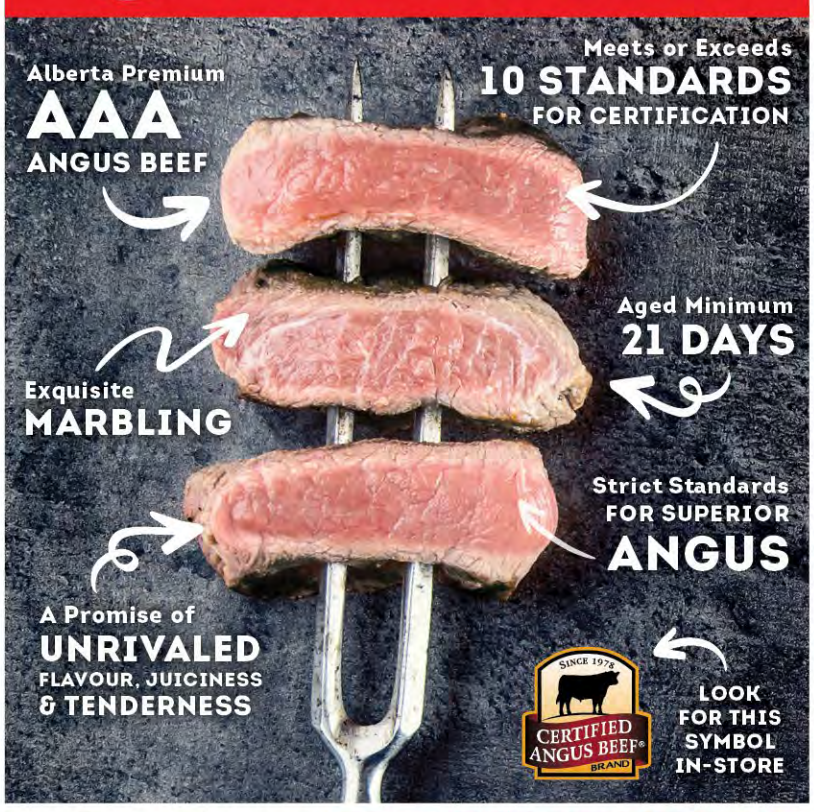
100% CANADIAN

We are a proud B.C. owned and operated Canadian company.
Shop with pride, knowing you're supporting thousands
of local brands and businesses from right here at home.

FRIDAY, JULY 4, 2025 - THURSDAY, JULY 10, 2025

Often imitated, Never duplicated

CERTIFIED AAA ANGUS BEEF®



CUT FROM WESTERN CANADIAN
FRESH AAA CERTIFIED ANGUS BEEF® STRIP LOIN ROAST or STEAKS
family pack 57.30/kg
aged minimum 21 days
25.99 lb

MAPLE LODGE FARMS
Chicken Bacon Style 375 g • gluten free
5.99 ea

DUSO'S
Fresh Pasta 250 g – 360 g • selected
or Fresh Pasta Sauce 150 mL – 300 mL
5.99 ea

GRIMM'S
Sizzlin' Smokies or Wieners 450 g
gluten free • selected
7.49 ea

FORT HARDY
Fully Cooked Pork Back Ribs
kentucky bourbon or original 450 g • frozen
11.49 ea

Fresh Local Whole Frying BC Chicken
grade A • 8.13/kg
3.69 lb

NEW ZEALAND SPRING
Lamb Shoulder Arm Chops 675 g • frozen
20.49 ea

OCEAN WISE
Ahi Tuna Steaks 160 g frozen
4.49 ea

Fresh Rockfish Fillets
1.89 /100 g

OCEAN WISE
Fresh Steelhead Trout Fillets
3.99 /100 g

7 SEAS
OCEAN WISE
Raw White Shrimp 340 g
peeled & deveined • tail on
31-40 count
7.99 ea

ANTOINETTE'S
SALTSPRING or CHILI DIP & SAUCE
375 mL
5.99 ea

ARMSTRONG
Natural Shredded Cheese 500 g
8.99 ea

FAITH FARMS
Cheese 320 g – 340 g
6.99 ea

MAISON RIVIERA
Goat Yogourt probiotics 500 g
6.99 ea

TREE ISLAND
Gourmet Yogurt 350 g
4.29 ea

REMEDY
Organic Kombucha
organic ginger beer or sparkling apple cider vinegar 330 mL – 355 mL
plus deposit & recycle fee
7.99 4 pk

VIOLIFE
100% Vegan Parmesan Style Wedge
150 g • gluten free
6.99 ea

SARA'S
Old Fashioned Ice Cream Cakes 1.4 L
19.99 ea

BREYERS
Family Classic Frozen Dessert 1.41 L
5.79 ea

DANONE ACTIVIA
ACTIVE PROBIOTICS YOGURT 100 g
6.99 12 pk

PIZZA PARTY

HOLY NAPOLI
AUTHENTIC NEAPOLITAN PIZZA
355 g – 425 g
7.99 ea

HOLY NAPOLI
Authentic Neapolitan Pizza Dough 300 g
3.69 ea

ORO DI PARMA
Tomato Paste Tube
triple concentrated
200 g
4.49 ea

CLUB HOUSE
Topping Seasoning
pizza, chicken or pasta
93 g – 162 g
7.29 ea

DOLE
Canned Pineapple 398 mL
3.49 ea

PAM
No-Stick Cooking Spray
olive oil 141 g or original 170 g
5.99 ea

BERIO
Extra Virgin Olive Oil
250 mL
9.99 ea

ITALISSIMA
Mixed Wild Forest Mushrooms 375mL
7.49 ea

ITALISSIMA
Sundried Tomatoes
in oil 290 mL
3.99 ea

BC BRINE PRESERVATION CO
Pickled Products
500 mL
selected
PROUDLY LOCAL
7.99 ea

BICK'S
Hot & Spicy Pickled Hot Banana Pepper Rings
750 mL
4.49 ea

COCA-COLA
canada dry, sprite, a&w, fresca or fanta 355 mL
plus deposit & recycle fee
6.49 12 pk

BAGEL BITES
Pizza Snacks
198 g
3.69 ea

DR. OETKER GIUSEPPE PIZZERIA
Easy Pizzi
560 g – 600 g
8.49 ea

DEMPSTER'S
Tortillas 6's – 8's
4.99 ea

LITTLE NORTHERN BAKEHOUSE
Gluten Free Buns
plant-based
4's
5.99 ea

BICK'S
Whole Dill Pickles 1L • selected
5.99 ea

STUSH
Patties 115 g
3.99 ea

HARDBITE
Handcrafted Style Chips
128 g – 150 g • gluten free
selected
3.29 ea

BUDERIM GINGER
Ginger Beer
non alcoholic 250 mL
plus deposit & recycle fee
6.99 4 pk

AELO
Premium Cocktails
alcohol free 355 mL
plus deposit & recycle fee
12.99 4 pk

MOTT'S
Mr & Mrs T's Drink Mixes
1 L
4.29 ea

CAVENDISH FARMS
FRIES quick crisp, flavour crisp or restaurant style 540 g – 750 g
2/$6

SUNRYPE
Fruit + Veggie 100% Juice
or slim 1.36 L
plus deposit & recycle fee
PROUDLY LOCAL
3.79 ea

CHAPMAN'S MARKDALE CREAMERY
Ice Cream 4 L
8.99 ea

OLD DUTCH
Potato Chips
or ridgies 200 g – 235 g
selected • gluten free
2/6.98

Doritos Minis
cheetos, sun chips or funyuns 81 g – 145 g
2/7.50

CLUB HOUSE
Organic Seasoning & Spices 10 g – 57 g **2/$6**

HUNT'S
Thick & Rich Pasta Sauce 680 mL **3.89 ea**

CATELLI
LASAGNE
express 375 g or classic 500 g **4.49 ea**

TRIO BAKERY
Börek Bites 454 g **6.49 ea**

LET'S PASTA
Lobster Ravioli 500 g **12.49 ea**

MATHESON FOOD COMPANY
Macaroni And Cheese 170 g **3.99 ea**

CLOVER LEAF
Light Tuna 85 g **1.99 ea**

CAMPBELL'S
Condensed Soup 284 mL • selected **1.99 ea**

WONG WING
Combos 284 g – 339 g **5.99 ea**

SILVER HILLS
SPROUTED POWER BREAD 430 g – 615 g • selected **4.69 ea**

DAVID'S TEA
Teas in biogradable sachets 12's **7.99 ea**

LITTLE NORTHERN BAKEHOUSE
Gluten Free Bagels 4's or sprouted or classic loaves 454 g – 482 g
PROUDLY LOCAL **5.99 ea**

CAVENDISH FARMS
Skin-On Diced Hash Browns 800 g **4.49 ea**

CAVENDISH FARMS
All-Day Breakfast Hash Brown Patties 600 g **2.99 ea**

BURNBRAE FARMS
Egg Bites! Mini Crustless Quiches snack size 336 g **7.49 ea**

HIPPIE SNACKS
Granola+ 227 g gluten free **5.49 ea**

ALPEN
Museli Cereal 650 g • vegan **4.99 ea**

English Muffins 6's **2.99 ea**

NERDS
Gummy Clusters 142 g **3.59 ea**

LECLERC
Nugabar 175 g **4.49 ea**

49TH PARALLEL COFFEE ROASTERS
Coffee Beans small batch 340 g **15.99 ea**

TWO BEARS
Nitrogen Infused Latte 207 mL plus deposit & recycle fee **2.99 ea**

THE UNSCENTED COMPANY
Laundry Detergent hypoallergenic 78 he loads 1.95 L **11.49 ea**

PURINA
Dentalife Chews medium dog 10's **3.99 ea**

WHISKAS
PERFECT PORTIONS CAT FOOD 2 x 37.5 g **4/$5**

CASCADES
Fluff Bathroom Tissue double roll **10.99 12 pk**

GLAD
Extra Large Clear Bags 31" x 42" • 20's **12.99 ea**

FLAVOURS of the WORLD

AMY'S
GLUTEN FREE BURRITO 156 g • plant based
4.99 ea

Fresh BC Baby Bok Choy 6.59/kg
2.99 lb

IMPORTED
Fresh Daikon Radish 5.49/kg
2.49 lb

MEXICO
Fresh Japanese Eggplant 8.80/kg
3.99 lb

THE GINGER PEOPLE
Organic Pickled Ginger 190 g
5.79 ea

LA BALEINE
Mediterranean Sea Salt 750 g
4.79 ea

SAN REMO
Artichoke Hearts canned 398 mL or marinated 340 mL
4.69 ea

AAR CEE
Himalayan Basmati Rice 1 kg
5.99 ea

CHIMEI
Mushroom Buns frozen 6's
5.99 ea

PROUDLY CANADIAN

GRIMM'S
NATURALLY SMOKED TOPPERS 175 g • gluten free
6.99 ea

PROUDLY LOCAL

SUPER Saver

CIABATTA BUNS
3.99 4 pk

PROUDLY CANADIAN

MASTRO
Charcuterie Trio 150 g–200 g
8.99 ea

PROUDLY CANADIAN

GRIMM'S
Honey Maple Ham
2.29 /100g

PROUDLY LOCAL

OLD FASHIONED BUTTERMILK DONUTS
4.99 8 pk

PROUDLY CANADIAN

Parmesan Pesto Couscous Salad
2.29 /100g

PROUDLY LOCAL

Pacific Coast Red Herb Potato Salad
2.49 /100g

HOMESTYLE MULTI-GRAIN HALF LOAF 540 g
4.99 ea

PROUDLY LOCAL

PROUDLY CANADIAN

SAPUTO
Bocconcini 200 g
6.49 ea

PROUDLY CANADIAN

ST. GUILLAUME LA BRIQUE
Lactose Free Pizza Mozzarella 200 g
9.99 ea

PROUDLY LOCAL

CYCLAMEN 6" pot
10.99 ea

PROUDLY LOCAL

LITTLE QUALICUM CHEESEWORKS
MONTEREY JILL
4.99 /100g

ELATION BOUQUET
19.99 ea

PROUDLY LOCAL

LOCALLY GROWN
FRESH BC CHERRIES
10.5 row or larger • 13.21/kg

5.99 lb

IMPORTED
FRESH CANTALOUPE or HONEY DEW MELONS
3.73/kg

1.69 lb

COSTA RICA
FRESH WHOLE PINEAPPLES

5.99 ea

LOCALLY GROWN
FRESH GREEN KALE
weather permitting

2.99 ea

LOCALLY GROWN
FRESH BC HOT HOUSE TOMATOES
1-layer • 5.49/kg

2.49 lb

CANADIAN GROWN
THE LITTLE POTATO CO.
FRESH LITTLE FINGERLINGS
680 g

4.99 ea

LOCALLY GROWN
FRESH BC LONG ENGLISH CUCUMBERS

1.69 ea

IMPORTED
FRESH ORGANIC BLUEBERRIES
1 pint • weather permitting

4.99 ea

IMPORTED
FRESH ORGANIC STRAWBERRIES
454 g • weather permitting

5.99 ea

MEXICO
FRESH ORGANIC HASS AVOCADOS

2.49 ea

SIMPLY FRESH OR IT'S *Free**

If you purchase any product in our store from any department and it doesn't meet your standard of freshness, just bring it to our attention within 3 days along with the product and the original receipt. We will replace that same product for *Free* and give you an equivalent value in an IGA gift card.

*This offer applies to products throughout the entire store. Some products are excluded. See staff or visit www.igastoresbc.com for details.

RETURN POLICY FOR EACH DEPARTMENT:

PRODUCE
Produce product must be returned in raw condition (uncooked) along with original receipt.

MEAT & SEAFOOD
Meat or seafood products must be returned in raw condition (uncooked) along with original package sticker and original receipt.

BAKERY
Packaged product or fresh product must be returned in the original packaging along with original receipt.

DELI
Packaged product or fresh deli product in raw condition (uncooked) along with original package sticker and original receipt.

GROCERY
Product must be returned in original packaging along with original receipt.

WEEKLY SPECIALS ARE AVAILABLE AT PARTICIPATING IGA STORES IN BRITISH COLUMBIA.
Some products may not be available at all stores. Photographs are for illustration purposes only, actual sale items may not be exactly as shown. Some food photographs may illustrate serving suggestions. Prices do not include applicable taxes, eco fees or bottle deposits & recycle fee where applicable. We reserve the right to limit quantities.

TO FIND A STORE NEAR YOU GO TO WWW.IGASTORESBC.COM